

BUILDING A LIFE WORTH LIVING

BUILDING A LIFE WORTH LIVING – WEEK 6 – FOLLOW THE JESUS WHO WANTS YOU FULLY ALIVE

WATCH THE VIDEOS

Use the notes space on the back of this page to record any questions or thoughts to discuss.

We are going to be looking at a number of different verses and extracting the truths and insights that Jesus has hidden in the Scriptures. Your group may not get through all the verses, but it would be important to interact with at least one verse under each point. Dive into the Scriptures and have a discussion about what Jesus is saying and what it means in modern life today.

ICEBREAKER

In John 10:10, Jesus says, "I have come that they may have life." When you think of being fully alive, what comes to mind? Name three people who are the most "alive" individuals you have ever met.

Romans 12:11 says, "Never be lacking zeal, but keep your spiritual fervor."

Think back to when you first became a Christian. Can you remember a difference between your excitement for the things of God then versus now? What has changed?

DISCUSS

Jesus Knows You're Better Off Young

In Matthew 18:3, Jesus says, "Unless you change and become like little children, you will never enter the kingdom of heaven." Jesus is talking to a group of people and He says that they have to change in order to receive what they really want. What change does He say they need to make? What does that mean? What will the change produce?

Jesus Knows You're Better Off Dead

In Luke 9:23, Jesus says, "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me." If we are going to be disciples of Jesus, what two things have to be a daily part of our lives? How does that look in real life?

In Mark 8:36, Jesus says, "What benefit is it for a person to gain the whole world, yet forfeit their soul?" What does Jesus contrast in this passage? Why does He choose this contrast to emphasize His point? Have you known any people who were an example of this contrast?

Jesus Knows You're Better Off Giving It All Away

In Matthew 16:25, Jesus says, "Whoever wants to save their life will lose it; but whoever loses their life for me will find it." Once again, Jesus gets people to think by contrasting opposites. What are the opposites He contrasts in this passage? How does a person lose their life by trying to saving it? Can you think of an example of a person finding their life by losing it?

Acts 20:35 tells us that Jesus said, "It is more blessed to give than to receive." What is the point He is trying to emphasize? When you hear this verse or idea, who or what comes to your mind as proof of its truth?

Jesus Knows You're Better Off Future-Focused

Jesus says in Luke 9:62 that, "No one who puts a hand to the plow and looks back is fit for the service in the kingdom of God." What is the farming metaphor that Jesus uses to make His point? What point is He trying to make?

Read Ephesians 2:10: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." This verse tells us four truths about ourselves. What are those truths? How do they emphasize the need to focus on the future?

SHARE PRAYER & PRAISE REQUESTS