

# FIXER UPPER

## **WEEK 1 – FRUITS OF THE SPIRIT - JOY**

### **CONNECT WITH OTHERS**

1. What recently brought you great joy?

### **OPEN IN PRAYER**

### **FOCUS ON THE PASSAGE**

2. Read Galatians 5:16-25. This passage of Scripture contains two lists. Why is the first one referred to as “acts” and the second one called “fruit”? What is the difference? Why is this important?

### **ADMIT WHERE YOU ARE**

3. If you were having a joy-filled day, how would people know it? What would be the outward signs that might give you away?
4. Is your joy level usually consistent, regardless of external circumstances or how others treat you?

### **INTERPRET THE PASSAGE**

5. According to Philippians 4:4-8, where does the fruit of lasting joy come from? Specifically, how is joy produced in our lives?
6. In what ways are joy and peace connected? Can you have one quality without the other? Explain.

### **TAKE THIS PASSAGE INTO YOUR LIFE**

7. What are some of the joy-filled moments that occur in your life that you need to begin noticing and celebrating?
8. In light of Philippians 4:6, what are some prayer requests that you need to present to God this year?

### **HEAR FROM GOD**

9. What are some of the joy-giving gifts that God has poured into your life? Spend time giving thanks to Him for his grace in your life!